# Comparative Evaluation of SIMPL Silicone Implants and NIT Natural Teat Inserts to Keep the Teat Canal Patent After Surgery

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#### ABSTRACT

The objective of this study was the comparative evaluation of SIMPL silicone implants and NIT natural teat inserts to keep the teat canal patent after teat surgery. The study was performed on 100 teats of 97 cows treated surgically for milk flow disorders. After surgery, 53 teats were administered with SIMPL and 47 with NIT, and rested for several days. Before treatment and 1 and 6 mo later quarter milk flow and milk yield were measured with Lactocorders; quarter milk was examined for somatic cell count (SCC), pathogens, and signs of mastitis (SCC > 100,000 and pathogens detected). Half a year after surgery milk flow, milk yield and SCC were equal from teats that had been inserted with SIMPL or NIT. The odds of detecting pathogens or signs of mastitis in the milk was lower in SIMPL than in NIT teats at this point in time. SIMPL teats stayed in the herd as long as NIT teats. Based on the results, it may be expected that teats inserted with a SIMPL or NIT do not differ long term in regards to milk flow, milk yield, SCC, and risk of removal from the herd. After the use of SIMPL, fewer pathogens may be detected in the milk long term than after the use of NIT. (Key words: teat, insert, udder health)

# INTRODUCTION

Pipe cleaners ("teat dilators") (Naylor, 1927) or teat canulae (Dyekjaer, 1954) have been used historically to keep the teat canal patent after injury. Recent experiments indicate, however, that teat dilators and teat canulae themselves cause injuries and inflammations in the teat; they are often contaminated with microor-

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ganisms and increase the risk of mastitis (Höptner, 1994; Seeh et al., 1997; Querengässer et al., 1999; Bleul et al., 2000; Geishauser and Querengässer, 2001). Teat dilators may also disappear into the teat and act as foreign bodies (Kubicek and Meinecke, 1978; Querengässer et al., 2001a). Thus, teat dilators and teat canulae may not be compatible with the guidelines of animal health care. Recently, silicone implants (SIMPL: profsproducts.com, Germany) and natural teat inserts (NIT; profs-products.com, Germany) have become available to keep the teat canal patent. The composition of the NIT is similar to the natural teat canal sebum. They adjust to the shape of the teat canal and dissolve within several days. Experiments indicate that NIT neither affects SCC and electrical conductivity of the milk nor the appearance of the teat canal lining (Seeh et al., 1997).

The objective of this study was the comparative evaluation of SIMPL silicone implants and NIT natural teat inserts to keep the teat canal patent after teat surgery. We hypothesized that teats inserted with SIMPL or NIT do not differ in regards to milk flow, milk yield, milk quality, and removal from the herd 1 and 6 mo after administration (research hypotheses).

## MATERIALS AND METHODS

#### Animals

This study was performed on 97 dairy cows that had been referred to the Veterinary Clinic Babenhausen in Bavaria between May 18, 1999, and February 1, 2000, because of milk flow disorders. The outer skin of the affected teat was mainly intact. A total of 100 hard milking teats were investigated. Only one teat was affected in 94 cows; three cows had two affected teats. Three cows had one blind quarter. The cows originated from 78 herds. One cow each was enrolled from 65 herds, two cows from eight herds, and three or more from five herds.

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# Procedures

On referral, case history was determined, and a clinical examination was performed. Before examination of the teat, cows received xylazine (0.2 ml of a 2% solution per 100 kg of body mass) and oxytocine (20 I.E.) intravenously. All udder examinations were performed at the quarter level. After cleaning the teats, hand milkability was assessed (milkable by hand/not milkable by hand). The teat tip to floor distance (cm), and the teat length (cm) were measured, and the teat tip thickness (mm) was determined with spring-loaded calipers (Hamann et al., 1996; Hauptner, Solingen/Germany). After disinfection, milk samples were taken to determine SCC (1000 cells/ml), and to culture pathogens (type) (DVG, 2000). Mastitis was defined as SCC greater than 100,000 and pathogens detected (DVG, 1994). Teat canal width (mm) was measured with a plug gauge (Johannson, 1957), and teat canal length (mm) with a thelometer (Geishauser and Querengässer, 2000; Thelometer; Eickemeyer, Nashville, TN). Cows were milked with a quarter milking machine equipped with four Lactocorders (Wellnitz et al., 1999) (Foss, Hilleröd, Denmark). The Lactocorders measured peak milk flow (kg/min), average milk flow and milk yield (kg). Machine milkability was defined as a milk flow greater than 0.1 kg/min. Upon initial examination, the affected teat was milked for only 1 min to prevent further damage to the teat. The remaining milk was drained with a milking tube and weighed.

To diagnose the cause of the milk flow disorder, we examined all affected teats by using teat endoscopy (Theloscope; Eickemeyer) (Medl et al. 1994; Querengässer 1998, Geishauser and Querengässer, 2001). With the endoscopic findings, teats were classified into three groups as follows: 1. Rupture in the teat canal area without dislocation of tissue, 2. Rupture in the teat canal area with dislocation of tissue (inversion or eversion), and 3. Others (Querengässer et al., 2001b). An inflammation of the teat cistern lining (cisternitis) was diagnosed when reddening or swelling was visible in the teat cistern during endoscopy. A valve-like stenosis (valve stenosis) was a recurrent milk flow disorder, whereby the milk stream was suddenly interrupted during hand-milking and whereby tissue impairing milk flow like a valve was visible during endoscopy. In partial valve action, milk flow was still measureable  $(\geq 0.1 \text{ kg/min})$ , whereas in complete valve action milk flow was not measurable any more (<0.1 kg/min) (Table 2).

All milk flow disorders were treated surgically by removing dislocated tissue with a punch, dilating narrowed teat canals with a lancet, or extracting free bodies from the teat cistern with a forceps (Geishauser and



Figure 1. SIMPL (profs-products.com) silicone implant.

Querengässer, 2001). After surgery, an antibiotic (600 mg of cefazolin; Merial, Halbergmoos, Germany) was administered into the teat cistern, either a silicone implant (SIMPL; Figure 1) or a natural teat insert (NIT; Figure 2) was inserted into the teat canal, the teat was bandaged and rested (not milked) for several days. NIT or SIMPL were inserted at random. Depending on teat canal width either a thin (2.8 mm) or a thick (3.7 mm)

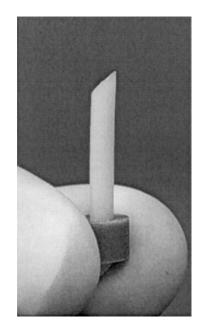


Figure 2. NIT (profs-products.com) natural teat insert.

#### QUERENGÄSSER ET AL.

**Table 1**. Case history of 97 cows with milk flow disorders in 100 teats. Milk flow disorders were diagnosed and treated by using endoscopy. After surgery teats were inserted with a silicone implant (SIMPL) or a natural teat insert (NIT) to keep the teat canal patent, and rested for several days. \* = SIMPL and NIT groups different at P < 0.1.

	$\begin{array}{l} \text{SIMPL} \\ (n = 53) \end{array}$		NIT (n = 47)	
Parameter	%	Median	%	Median
Brown Swiss (Braunvieh)	62		70	
Simmental (Fleckvieh)	19		19	
Holstein (Schwarzbunte)	15		7	
Other	4		4	
Tie stall	64		68	
Free stall	36		32	
Herd size (lactating cows)		35		40
Primiparous	43		47	
Pluriparous	57		53	
DIM when presented		$107^{*}$		88
Duration of illness (days)		11		14
Pretreated	83		57	
Location of the affected teat				
Front left	11		13	
Front right	24		8	
Hind left	42		43	
Hind right	23		36	

SIMPL or NIT, respectively, was used. Most teats were rested for  $2 \times 3$  d (Burkhardt, 1985; Weichselbaum et al., 1995). If the milk showed visible signs of masitits (flakes), then the milk was drained twice daily and an antibiotic administered intracisternally over night. After the resting period, teats were milked regularly. Cows were reexamined 1 and 6 mo later in the herd of origin.

**Table 2**. Cause and treatment of 100 milk flow disorders. Milk flow disorders were diagnosed and treated by using endoscopy. After surgery teats were inserted with a silicone implant (SIMPL) or a natural teat insert (NIT) to keep the teat canal patent, and rested for several days. \* = SIMPL and NIT groups different at P < 0.1.

	SIMPL (n = 53) %	NIT (n = 47) %
Cause of the milk flow disorder Rupture in the teat canal area		
without dislocation of tissue	39	53
with dislocation of tissue	55	45
Others	6	2
Cisternitis	70	57
No valve action	43*	66
Partial valve action	15	15
Complete valve action	$42^{*}$	19
Treatment		
Punch	93	94
Lancet	53	45
Forceps	9	2
Punch and Lancet	45	41

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# Statistics

The data were described as medians for continuous variables and as frequencies for categorical variables (descriptive statistics) (Kreienbrock and Schach, 2000). SIMPL teats were compared to NIT teats. One factor, analysis of variance (Kuehl, 1994) was used to test for differences between these two groups in regards to the parameters of the case history. Then, attempts were made to draw conclusions from the data (inductive statistics). Linear regression (Myers, 1990) was used to assess the effect of SIMPL versus NIT on peak milk flow, average milk flow, milk yield, and SCC (dependent variables). Logistic regression (Hosmer and Lemeshow, 1989) was used to assess the effect on the odds of detecting pathogens, the odds of masitis, and the odds of removal from the herd. A separate model was used for each dependent variable and examination. Because SIMPL and NIT teats differed in DIM and the presence of a valve stenosis, the variables DIM (n) and valve stenosis (present vs. not present) were added to the models. The Statistical Analysis System (SAS, 1999) was used for computation. The P value was set at P< 0.1.

#### RESULTS

### **Descriptive Statistics**

This study was performed predominantly on teats of young brown Swiss cows, kept in tie-stall barns and **Table 3**. Findings from 100 teats with milk flow disorders before examination, 1 and 6 mo later. Milk flow disorders were diagnosed and treated by using endoscopy. After surgery teats were insertd with a silicone implant (SIMPL) or a natural teat insert (NIT) to keep the teat canal patent, and rested for several days. \* = SIMPL and NIT groups different at P < 0.1.

		Examination before treatment				Reexamination 1 mo later				Reexamination 6 mo later			
Parameter	SIMF (n = 5 %		NIT (n = - %	47) Median	SIM (n = %		NIT (n = - %	45) Median	SIMF (n = 4 %	_	NIT (n = 3 %	35) Median	
DIM at examination Days after initial examination Calving before reexamination		107*		88	6	127* 32	4	$\begin{array}{c} 107\\ 33 \end{array}$	40	201 186	31	214 188	
Teat tip to floor distance (cm) Teat length (mm) Teat tip thickness (mm) Teat canal width (mm) Teat canal length (mm)		$46 \\ 60^{*} \\ 14 \\ 2 \\ 10$		$47 \\ 55 \\ 14 \\ 2 \\ 10$		$48 \\ 55 \\ 15 \\ 2 \\ 10^*$		$49 \\ 55 \\ 14 \\ 2 \\ 9$		$47 \\ 60 \\ 13 \\ 2 \\ 10$		$46 \\ 55 \\ 13 \\ 2 \\ 10$	
SCC (1000 cells per ml) SCC > 100,000 (cells per ml) Pathogens detected Mastitis <sup>1</sup>	$98^{*}\ 74^{*}\ 74^{*}$	3977	89 60 60	1794	81 66 62	590	91 73 69	1067	$76\ 52^*\ 47$	351	82 71 60	478	
Milkable by hand Milkable by machine	$72 \\ 53$		81 66		$\begin{array}{c} 100\\94 \end{array}$		$\begin{array}{c} 100\\ 96 \end{array}$		$\begin{array}{c} 100 \\ 100 \end{array}$		$\begin{array}{c} 100 \\ 100 \end{array}$		
Time between milkings (h·min) Milk yield (kg) Drained yield (kg) Total yield (milked and drained) (kg)		$7.30 \\ 0.06 \\ 1.43 \\ 1.46$		$8.00 \\ 0.16 \\ 1.37 \\ 1.50$		$12.00 \\ 1.55 \\ 0 \\ 1.57$		$11.30 \\ 1.08 \\ 0 \\ 1.47$		$11.30 \\ 1.82 \\ 0 \\ 1.81$		$11.00 \\ 1.51 \\ 0 \\ 1.51$	
Peak milk flow (kg/min) Average milk flow (kg/min) Milking time (min·s)		$0.11 \\ 0.08 \\ 1.00$		$0.17 \\ 0.15 \\ 1.00$		$0.45 \\ 0.31 \\ 5.00$		$0.42 \\ 0.28 \\ 4.50$		$0.48 \\ 0.31 \\ 4.50$		$\begin{array}{c} 0.50 \\ 0.36 \\ 4.30 \end{array}$	
Retreated <sup>2</sup> Present in the herd at examination	$\begin{array}{c} 21 \\ 100 \end{array}$		$\begin{array}{c} 25\\ 100 \end{array}$		19 100		16 96		$2 \\ 81$		$\begin{array}{c} 0 \\ 75 \end{array}$		

<sup>1</sup>Mastitis: >100,000 cells per ml and pathogens detected (DVG, 1994).

 $^{2}$ Retreatment means dilating the teat canal with a lancet at any point in time after initial treatment (Geishauser and Querengässer, 2001).

having been pretreated. Predominantly hind teats were affected by an acute milk flow disorder. In almost all teats, a rupture in the teat canal area was diagnosed that was often associated with cisternitis and valve stenosis. The predominant treatment was the removal of teat canal tissue that impaired milk flow. Teats sub-

**Table 4**. Pathogens detected in the milk from 100 teats with milk flow disorders before treatment, one and six months later. Milk flow disorders were diagnosed and treated by using endoscopy. After surgery teats were inserted with a silicone implant (SIMPL) or a natural teat insert (NIT) to keep the teat canal patent, and rested for several days.

	Before t	reatment	1 mo	later	6 mo later		
Pathogen	SIMPL (n = 46) n (%)	NIT (n = 41) n (%)	SIMPL (n = 44) n (5)	NIT (n = 43) n (%)	SIMPL (n = 27) n (%)	NIT (n = 29) n (%)	
Streptococcus agalactiae Streptococcus esc. positive <sup>1</sup> Streptococcus esc. negative <sup>2</sup> Staphylococcus species <sup>3</sup> Staphylococcus aureus Arcanobacterium pyogenes Coliforms Others <sup>4</sup>	$\begin{array}{c} 0 & (0) \\ 19 & (41) \\ 10 & (22) \\ 7 & (15) \\ 4 & (9) \\ 1 & (2) \\ 5 & (11) \\ 0 & (0) \end{array}$	$\begin{array}{c} 1 & (2) \\ 14 & (34) \\ 12 & (27) \\ 7 & (17) \\ 5 & (12) \\ 2 & (5) \\ 1 & (2) \\ 0 & (0) \end{array}$	$\begin{array}{c} 0 & (0) \\ 11 & (25) \\ 11 & (25) \\ 5 & (11) \\ 7 & (16) \\ 3 & (7) \\ 5 & (11) \\ 2 & (5) \end{array}$	$\begin{array}{c}1 & (2)\\16 & (37)\\4 & (9)\\9 & (21)\\4 & (9)\\2 & (5)\\4 & (9)\\3 & (7)\end{array}$	$\begin{array}{c}1 & (4)\\ 11 & (41)\\ 3 & (11)\\ 3 & (11)\\ 6 & (22)\\ 1 & (4)\\ 1 & (4)\\ 1 & (4)\end{array}$	$\begin{array}{c} 4 & (14) \\ 10 & (35) \\ 3 & (10) \\ 5 & (17) \\ 3 & (10) \\ 0 & (0) \\ 1 & (3) \\ 3 & (10) \end{array}$	

<sup>1</sup>Strept. esc. positive: Strept. uberis, Enterococci (DVG, 2000).

<sup>2</sup>Strept. esc. negative: Strept. dysgalactiae, Strept. Lancefield group C, G and L (DVG, 2000).

<sup>3</sup>Staph. species: except Staph. aureus.

<sup>4</sup>Others: Enterobacteriaceae, Proteus, Serratia marcescens, pseudomonads, yeasts.

**Table 5**. Effects of SIMPL versus NIT on peak milk flow (kg/min), average milk flow (kg/min), milked yield (kg) or SCC (million cells per ml) 1 or 6 mo after treatment. Estimates, standard errors (SE) and *P* values are given.

	Before treatment			1 n	no later		6 mo later		
Variable	Estimate	SE	Р	Estimate	SE	Р	Estimate	SE	Р
Peak milk flow Average milk flow Milked yield SCC	$0.015 \\ 0.014 \\ 0.080 \\ 1.046$	$\begin{array}{c} 0.028 \\ 0.021 \\ 0.042 \\ 1.106 \end{array}$	$\begin{array}{c} 0.59 \\ 0.53 \\ 0.06 \\ 0.35 \end{array}$	$0.075 \\ 0.075 \\ 0.406 \\ -1.051$	$0.042 \\ 0.032 \\ 0.150 \\ 0.875$	$0.08 \\ 0.02 \\ 0.01 \\ 0.23$	$0.022 \\ -0.004 \\ 0.112 \\ -0.773$	$\begin{array}{c} 0.051 \\ 0.040 \\ 0.252 \\ 0.730 \end{array}$	$0.67 \\ 0.92 \\ 0.66 \\ 0.29$

sequently inserted with SIMPL were more DIM and showed valve stenosis more frequently when presented than teats that were inserted with NIT. In the milk from SIMPL teats cells, pathogens, and mastitis were diagnosed more frequently on referral than in the milk from NIT teats. SIMPL and NIT milks did not differ in regards to pathogens; Streptococci were the pathogens detected most frequently (Tables 1 to 4).

#### **Inductive Statistics**

Accounting for the differences between SIMPL and NIT teats in DIM when presented and presence of valve stenosis, the odds of detecting pathogens or the odds of mastitis signs tended to be higher before treatment in the milk from teats subsequently adminstered with a SIMPL than in the milk from teats subsequently inserted with a NIT. One month after treatment, milk flow and milk yield from SIMPL teats were significantly higher than that from NIT teats. At that point in time, no significant differences between SIMPL and NIT teats were found regarding SCC, the odds of detecting pathogens, the odds of mastitis, or the odds of removal from the herd. Half a year after treatment, the odds of detecting pathogens in the milk and the odds of mastitis were lower in SIMPL teats than in NIT teats. At that point in time, SIMPL and NIT teats did not differ in regards to peak milk flow, average milk flow, milk yield, SCC, or removal from the herd (Tables 5 and 6).

## DISCUSSION

The findings of this study indicate that teats inserted with SIMPL after surgery are more milkable short term than teats inserted with a NIT. SIMPL made from silicone with a constant diameter may keep the teat canal patent better than NIT made of wax disintegrating after use. However, long term, SIMPL and NIT seem to be equally helpful to restore milkablility. Higher milk yield from SIMPL teats short term may be explained by better milkability short term (Göft et al., 1994). Long term, equal milk yields may be exspected after the use of SIMPL or NIT. The findings further indicate that milk quality is better after the use of SIMPL than after the use of NIT long term. SIMPL teats are at lower risk of detecting pathogens or signs of mastitis in the milk than are NIT teats. No differences, however, may be expected in SCC. While the risk of detecting pathogens decreased throughout the study period after the use of SIMPL (P = 0.03), it did not change after the use of NIT (P = 0.48). This finding seems hard to explain because SIMPL and NIT are made of similarly tissue-friendly materials and are both sterile (Geishauser and Querengässer, 2001). Earlier studies have shown that the insertion of a NIT into healthy teat canals for several days does not affect udder health (Seeh et al. 1997). The differences may be attributed to differences in the packaging of the products used in this study. SIMPL were packaged in blisters, whereas NIT were packaged in vials. It may be hypothesized that the removal of SIMPL from blisters was associated with lesser risk of contamination than the removal of NIT from vials. When removing the SIMPL from the blister only the outer end of the SIMPL is touched. However, when removing the NIT from the vial, the inner end of the NIT often got in contact with the palm. The contamination of the inner end of the NIT may increase the risk of in-

**Table 6**. Effects of SIMPL versus NIT on the odds of detectin pathogens, signs of mastitis or removal from the herd 1 or 6 mo after treatment. Odds ratios (OR), 90% confidence limits (90% Cl), and *P*-values are given.

	Before treatment			1 mo later				6 mo later				
Variable	OR	90%	$\mathbf{CL}$	Р	OR	90%	CL	Р	OR	90%	$\mathbf{CL}$	Р
Pathogens detected Mastitis Removal from the herd	2.09 2.09	0.98 0.98	4.44 4.44	$\begin{array}{c} 0.11\\ 0.11\end{array}$				$\begin{array}{c} 0.28 \\ 0.27 \\ 0.55 \end{array}$	$\begin{array}{c} 0.35\\ 0.44\end{array}$	$\begin{array}{c} 0.15\\ 0.20\end{array}$	$\begin{array}{c} 0.83\\ 1.00 \end{array}$	$0.05 \\ 0.10 \\ 0.40$

fecting the quarter. This hypothsis, however, needs further study. Nevertheless, it has led the manufacturer to now package the NIT in blisters. Factors associated with herd or cow are less likely to explain the differences in the quarter infection risk because the variables herd or cow did not significantly contribute to the models used. SIMPL teats stayed in the herd as long as NIT teats, which may indicate that milkability after treatment was more important to the herdsman than milk quality.

It may be concluded from this study that SIMPL and NIT are equally useful to keep the teat canal patent after surgery long term. SIMPL may yield better milk quality than the NIT used.

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